

Report on Health- Check up Camp- Shimla (H.P.)

A free health check up camp was organized by Greenberry RKG Welfare Foundation under the aegis of Municipal Corporation Shimla for the beneficiaries of Deendayal Antyodaya Yojana-National Urban Livelihoods Mission (DAY-NULM) on 15th November 2016 from 11:00 AM to 5:00 PM at Rotary Town Hall, The Mall Shimla.



In which two therapies of treatment were provided by the foundation i.e. Allopathic and Homeopathic for general health check up, diagnosis and also required medicines were prescribed and provided by the foundation. **“Greenberry RKG Welfare Foundation”** is a not for profit organization founded by Shri. Rajesh Kumar Gupta (founder chairman) which is working for the transformation of society and nature from depletion towards upliftment. Key areas of working are Environment, Education and Health, primarily working for environment it is also focusing on the health hazards of vulnerable communities (especially women). With this perspective and motive the foundation rendered support for improving conditions of health of poor women members of SHGs/ALFs and CLF under DAY-NULM scheme which is implemented by Municipal Corporation, Shimla. Therefore it organized a free health check up camp in prime location of The Mall, Shimla (Rotary Town Hall).

Significance of the Camp:

Women and children of the vulnerable communities are anaemic and malnutrition, impacting themselves with fatal diseases. The situation calls for timely care and diagnosis which can reduce the incidence of morbidity and mortality especially among urban and rural poor children and women. Health Camps is one such special initiative of *Greenberry RKG Welfare Foundation* to provide healthcare services to meet the immediate health care

needs of the marginalized community in remote urban areas and slums through standalone camps. Customized health camps are organized extensively across the state offering comprehensive health services – curative, preventive, promotive and

referral, to a large number of people in selected intervention areas. Multi-disciplinary projects include Allopathic, Ayurveda and Homeopathic particularly for gynaecological, paediatric, ophthalmology and surgical services etc., whereas other interventions can be general in nature. Duration of Health Camps vary between one day and 15 days with frequencies ranging between a month and a year. These camps majorly work on building awareness regarding

common ailments, family planning methods, nutrition and hygiene and sanitation.



The key objectives of the present camp were:

1. To create awareness towards health amongst poor and pro-poor women.
2. To help the needy and vulnerable class in terms of health and timely-care.
3. To provide in free medical check-up along with distribution of free medicines.

Partners

The health camp was an initiative to help the needy and vulnerable community, so for this noble cause associations and organizations eagerly joined hands with Greenberry RKG welfare foundation i.e.

- Municipal Corporation – Shimla.
- Rotary Club- Shimla.
- Indira Gandhi Medical College (IGMC)-Shimla.
- Health Department – Shimla.

Beneficiaries

The health check up camp was with the sole motive to help the needy and poor in terms of medical checkup and distribution of medicines .Therefore our beneficiaries were-

- SHGs Members of DAY-NULM Shimla
- Street vendors of lower bazaar.
- Senior citizens of city.
- Local tourist of Shimla.

Around 85-100 members of the above visited the camp and got their medical check-up done along with free medicines. The patients/beneficiary were diagnosed by MBBS, MD and Ayush doctor, and medicines were prescribed accordingly.



Team

Mr. Akhil Bhoil (Director), Greenberry RKG Welfare Foundation.

Dr. Himani Singh (Program Officer), Greenberry RKG Welfare Foundation.

Mr. Satish Bansiwal (Project coordinator), Greenberry RKG Welfare Foundation.

Mr. Pankaj Sharma (Project Support), Greenberry RKG Welfare Foundation.

Mr. Sandeep Saini (Project Support), Greenberry RKG Welfare Foundation.
Ms. Ankisha Sharma (Regional Medical Officer), Greenberry RKG Welfare Foundation.
Dr. Priyanka (Medical Officer), Greenberry RKG Welfare Foundation.
Dr. Mohinder (IGMC, Shimla)
Mrs. Amita Chauhan (Program Manager), NULM-Shimla.
Mr. Akhilesh Singh (Program Manager), NULM-Solan.

Details of beneficiaries and News coverage: The detail beneficiary list and different news coverage is attached in Annexure-I and II
